Health Resort / Sanatorium `Yantar (Amber)'

Western Ukraine (Lvov Region, Truskavets)

Located in the woodlands of SPA resort Truskavets just next to the park of the downtown, the health resort / sanatorium Yantar is in the close vicinity of the SPA treatment centre No 2 and a mineral pump room. 974 guests can be accommodated in two buildings of the sanatorium. Maternal and Child's Care Department for 200 visitors has brought universal recognition to the sanatorium. Parents can undertake a treatment course together with their children aged 4 - 12.

SPA resort Truskavets is well known for the numerous healing mineral water (there are more than 25 mineral springs) which is used for internal and external treatment courses. Principal treatment factors are natural mineral waters “Naftusia”, “Maria”, “Sofia”, “Bronislava”, Yuzia and mineral waxes.

Accommodation

Two 11-storey buildings adjoined to each other by indoor passages.

Single and Double standard rooms (one-roomed, 14 sq. m.)
Room amenities: bathroom unit (shower, washbasin, lavatory), TV set, refrigerator, a balcony, furniture: wardrobe, bedside cabinet, chair, coffee table; recently renovated. Room capacity: 2 main beds + 1 extra bed (folding bed).

Single and Double comfortable rooms (one-roomed, 14 sq. m.)
Room amenities: bathroom unit with new sanitary equipment (shower, washbasin, lavatory), TV set, refrigerator, a balcony, new furniture: wardrobe, bedside cabinet, chair, coffee table; recently refurnished. Room capacity: 2 main beds + 1 extra bed (folding bed).

Double standard suites (two-roomed, 30 sq. m.)
Room amenities: bedroom, lounge (sofa), bathroom (shower, washbasin), lavatory room, TV set, refrigerator, a balcony, furniture: wardrobe, bedside cabinet, chair, coffee table; recently refurnished. Room capacity: 2 main beds + 2 extra beds.

Double comfortable suites (two-roomed, 30 sq. m.)
Room amenities: bedroom, lounge (sofa), bathroom unit (shower, washbasin) and lavatory room (new sanitary equipment), TV set, refrigerator, electric kettle, a balcony, recently thoroughly refurnished. Room capacity: 2 main beds + 2 extra beds.

Catering

Three meals a day in a canteen, dietary menu included. The following menu is offered according to the category of the room: economy and standard rooms - standard menu, comfortable rooms - smorgasbord.

Water supply

Cold and hot water is available according to the timetable: (every day 6:00 – 10:00; 13:00-14:00; 18:00-22:00).

Treatment

kidney and urinary tract diseases (chronic pyelonephritis and cystitis, urolithiasis, congenital anomalies of the kidneys without renal and the urine outflow failure, chronic prostatitis), metabolic failures (diabetes, obesity, urinary diathesis), digestive tract diseases (esophagitis, chronic gastritis, functional disorders of the gallbladder and bile ducts, cholelithiasis, chronic hepatitis, pancreatitis, chronic enterocolitis, colitis, functional disorders of the stomach and intestinal, disbacteriosis, intestinal complications after operations of the digestive organs).


Minimum treatment course – 14 days
Services
Cafe, bar, library, children's room, excursion bureau.

Sport and Entertainment
Game rooms and auditoriums, gym with weight training machines, sport grounds.

Medical services
Consulting diagnosis department:
Immunological, enzymatic, biochemical, general clinical, bacteriological laboratories;
Ultrasound, echocardiography, fibergastroscope;
Radioisotope test to check kidney function and enzyme immunoassay test for the early stage disease diagnostics;
Physiotherapy department: aromatherapy, aitherpay, singlet-oxygen therapy, manual therapy and massage, speleo-
therapy, light-therapy, electric therapy, magneto therapy, laser therapy, ultrasonic therapy, microwave (including
resonance therapy);
Hydropathy department: mineral, pearl, carbonic acid, whirling, pearl baths;
Underwater shower-massage;
Hydropathy: Charcot, circular, ascending, hydro-laser showers;
Hydrocolontherapy and gynecological irrigations;
Inhalation: grassy and oil inhalation;
Mineral wax department;
Dentistry: parodontosis, dental and dentistry room;
Gastroenterological and urological departments, Maternal and ChildHealth special department.