Thermal Star
Health Resort / Sanatorium

Ukrainian health resort / sanatorium Thermal Star is set in the scenic Carpathians, on a shore of the lake. Carpathian health resort complex Thermal Star offers treatment with the use of its curative high-silicon thermal water. Thermal Star owns two thermal mineral water wells. The distance to Thermal Star from the town of Uzhgorod is in 12 km, from Muachevo is 35 km.

Healthy forestry air, healing mineral water of natural Carpathian springs and comfortable accommodations will ensure perfect rest and recreation in the Carpathians. High quality medical services are provided by experienced doctors with the use of the up-to-date equipment. Resort is located in lowlands, 150 meters above sea level. It is surrounded by low forestry mountains of volcanic origin. That's why climate is so favorable here.

Accommodation

Sanatorium has 158 beds. Within the territory of the sanatorium there are two buildings with rooms adjoined by a passage, there are 12 of 2-storey wooden cottages, a detached VIP cottage.

In the buildings 1,2 there is administration, a restaurant, swimming pool, treatment / SPA rooms, Standard and Suite accommodation.

In the cottages there are treatment rooms, mineral water pump room, Standard, Junior Suites, Suites and Grand-Suites accommodation.

Sanatorium Building:

- **Double / Twin Standard Room** (1-roomed, there are 23 rooms in the sanatorium):
  Room amenities: bathroom unit (shower cubicle, washbasin, toilet, hair dryer) two single beds, set of modern furniture, TV set, mini bar, telephone, mini-safe, central air-conditioner, a balcony.

- **Double / Twin Suite** (2-roomed, there are 5 rooms in the sanatorium):
  Room amenities: bathroom unit (shower cubicle, washbasin, toilet, hair dryer), a lounge, a bedroom, two single beds, upholstered unit, a set of modern furniture, TV set, mini bar, telephone, mini safe, central air-conditioner.

Cottage:

- **Double / Twin Standard Room** (1-roomed, there are 15 rooms in the sanatorium):
  Room amenities: bathroom unit (shower cubicle, washbasin, toilet, hair dryer) two single beds, set of modern furniture, dinner set, TV set, mini
bar, telephone, mini-safe, air-conditioner, iron and ironing board, two umbrellas.

- **Double / Twin Junior Suite** (1-roomed, there are 24 rooms in the sanatorium):
  Room amenities: bathroom unit (shower cubicle, washbasin, toilet, hair dryer) two single beds, set of modern furniture, dinner set, TV set, mini bar, telephone, mini-safe, air-conditioner, iron and ironing board, two umbrellas.

- **Double / Twin Suite** (2-roomed, there are 3 rooms in the sanatorium):
  Room amenities: bathroom unit (shower cubicle, washbasin, toilet, hair dryer) a lounge, a bedroom, two single beds or a double bed, upholstered sofa, set of modern furniture, dinner set, TV set, mini bar, telephone, mini-safe, air-conditioner, iron and ironing board, two umbrellas.

VIP Cottage

- **Double 2-level Suite with a kitchen** (2-roomed; 60 sq.m., there are 2 rooms at the sanatorium)
  Room amenities: two bathroom units (toilet, washbasin, shower cubicle, hair-dryer), entrance hall, lounge, bedroom, mini-kitchen, a double bed, a folding sofa, refrigerator, cable TV, air-conditioner, mini-safe, iron and ironing board, umbrellas, summer terrace.

**Catering**

Three meals a day, menu a la carte.

**Water supply**

Cold and hot water is available 24-hour.

**Treatment**

*Thermal-Star is specialized in treatment of* musculoskeletal, joint diseases, rheumatism, peripheral nervous system, skin diseases, functional disorders of the cardiovascular, gastrointestinal, genitourinary diseases, and in treatment of chronic fatigue syndrome.

The main curative factor sanatorium "Thermal-Star is a high-silicon thermal mineral water. Thermal mineral water with high content of silicon stabilizes metabolism, it improves bones, cartilage tissue, and skin; it reduces the risk atherosclerosis. Due to these properties, silicon is known as a mineral of youth.

**Medical Indications for treatment in the sanatorium:**
Musculoskeletal, skin, peripheral nervous system, cardiovascular, gastrointestinal, and genitourinary systems diseases, vitality reduction and emotional distress.

**Contraindications:**

General contraindications to physical and natural treatment

Aggravation of skin diseases
Severe hypertension, unstable stenocardia, severe insufficiency of blood circulation.
Mastopathy, mammary tumours, acute and subacute state of inflammations
Post-surgery condition after operation on malignant tumors
Medical contraindications to hydrotherapy
Services

There is a restaurant, a summer terrace, a sauna, 2 lakes (boat hire), pergolas and barbecue grounds for rest, secured car park on the territory of the complex.

Sport and Entertainment

Fitness centre, indoor swimming pool (w 5 m x l 8 m), outdoor heated seawater swimming pool (12m X 24m), outdoor heated children's swimming pool, soccer field, tennis courts, table tennis, mini-golf field with artificial covering, volleyball, badminton, children's playground, table tennis, billiard, fitness-hall.
In the winter time we offer transfer and organiza tours to the skiing complex: there are two rope-lifts of 300 m and 700 m (of ski resort "Synyak" is within 50 km).

Medical services

The list of medical services

Thermal baths, including baths in a swimming pool with massage jets, a foot-contrast baths, sauna and swimming pool with cold mineral water;
Thermal baths, including baths in swimming pool with underwater skeletal traction;
Whirlpool bubble baths and baths with underwater massage;
Pearl and carbonic baths;
Charcot's shower, circular and ascending shower;
Contrast foot baths;
Sauna with a swimming pool;
Mineral wax rooms, physiotherapy;
Drinking of mineral water;

Medical facilities of the sanatorium include:

Thermal baths, high-silicon thermal swimming pool, massage jets, contrast foot baths, sauna and swimming pool with cold mineral water;
Thermal baths, high-silicon thermal swimming pool and underwater skeletal traction;
Whirlpools and underwater massage baths;
Pearl and carbon dioxide baths;
Charcot's shower, circular and ascending shower;
Whirlpool baths for hand and foot;
Hydro massage of gums
Cabinet of heat therapy and cryotherapy
Physical therapy; gyms equipped with modern magneto-therapeutic mechanotherapy facilities, facilities for laser therapy and lymphatic drainage Massage
Cosmetic services
Drinking of mineral water;

Medical indications for treatment with mineral water:

Musculoskeletal diseases:
Primary arthrosis (poliartroz, oligoartroz, mononoartroz) severe arthrosis (dysplasia, arthritis, injuries, violations of stature, hypermobility)
Osteochondrosis, spondileoz, spondioartroz primary and secondary (dysplasia, injury, disorders of stature, hypermobility)
Rheumatoid arthritis or polyarthritis in phase of remission or with some degree of activity, functional insufficiency (not severe)
Bechterew's disease in state of remission
Reactive arthritis (after nasopharyngeal infection, post vaccination, post injection state in chronic stage:
Post-effects of rheumatoid arthritis or polyarthritis (no later than 8-10 months after the acute or subacute stage), with no or minimal activity of the rheumatoid process, circulatory failure, (not severe)
Tests of joints and bones fracture with delayed consolidation
Joints or spinal post surgery conditions (meniscus, exostosis, condition after the spinal cord operations – not earlier than 2-6 months after the operations).
Contracture of: artrogennye, osteogenic, scar tissue, neurogenic
Articular diseases (myositis, ligamentity, Dupuytren's contracture, periarit, etc.)

cardio - vascular disorders
Severe disorders of blood circulation
Coronary heart disease, stable stenocardia
Atherosclerosis of the extremities
Overall endarteritis (with a mild disorders of blood circulation)
Varicosity disorders without thrombosis, earlier than a year after an episode of acute thrombosis
Skin diseases: chronic skin diseases (psoriasis, atopic dermatitis, eczema, acne, etc.)