Health Resort / Sanatorium `Rubin`

Western Ukraine (Lvov Region, Truskavets)

Located at the foot of the mountain area of the city, the health resort / sanatorium Rubin is set in the very heart of the city, in the close vicinity of other treatment – diagnostic institutions and mineral water pump rooms. 946 visitors can simultaneously be accommodated in Rubin.

SPA resort Truskavets is well known for the great variety of mineral water (more than 25 of mineral springs) which are used for internal and external treatment courses. Principal treatment factors are natural mineral waters “Naftusia”, “Maria”, “Sofia”, “Bronislava”, Yuzia and mineral wax.

Accommodation
The building of the sanatorium (eleven storey building, lift) is located in the mountain area of the city, in close vicinity of the mineral water pump room No 2 and business area of the city.

**Single, Double standard room (one-roomed, 14 sq.m.)**
Room amenities: bathroom unit (shower, washbasin, toilet), TV set, refrigerator, balcony; furniture: wardrobe, bedside cabinet, chair, coffee table, refurnished. Extra bed - a folding bed.

**Single, Double comfortable room (one-roomed, 14 sq.m.)**
Room amenities: bathroom unit (shower, washbasin, toilet – new sanitary equipment), TV set, refrigerator, balcony; furniture: wardrobe, bedside cabinet, chair, coffee table, refurnished. Extra bed - a folding bed.

**Double Suite (2-roomed, 30 sq.m.)**
Room amenities: a bedroom and a lounge (sofa), bathroom unit (shower, washbasin, toilet – new sanitary equipment), TV set, refrigerator, balcony; furniture: wardrobe, bedside cabinet, chair, coffee table, refurnished.

**Single, Double comfortable rooms (2-roomed, 14 sq.m.)**
Room amenities: bedroom and a lounge (sofa), bathroom unit (shower, washbasin, toilet – new sanitary equipment), TV set, refrigerator, balcony; furniture: wardrobe, bedside cabinet, chair, coffee table, refurnished.

**All the rooms can extra bed accommodation (folding bed or folding sofa).**

Catering
Three meals a day in the canteen, dietary menu is available; meals are served according to the category of the room: standard menu for “economy” and “standard rooms”, smorgasbord for “comfortable rooms”.

Water supply
Cold and hot water is available according to the schedule: (every day 6:00 – 10:00; 13:00-14:00; 18:00-22:00).

Treatment
Kidney and urinary tract diseases (chronic pyelonephritis and cystitis, urolithiasis, congenital anomalies of the kidneys without renal and the urine outflow failure, chronic prostatitis), metabolic failures (diabetes, obesity, urinary diathesis), digestive tract diseases (esophagitis, chronic gastritis, functional disorders of the gallbladder and bile ducts, cholelithiasis, chronic hepatitis, pancreatitis, chronic enterocolitis, colitis, functional disorders of the stomach and intestinal, disbacteriosis, intestinal complications after operations of the digestive organs).

**Treatment of concomitant diseases:** locomotor system disorders: osteochondrosis, deforming osteoarthritis, metabolic-dystrophic polyarthritis, post-traumatic arthritis, vertebral metabolic-dystrophic diseases; cardio-vascular diseases: vegetative-vascular dystonia, cardioneurosis; peripheral nervous system: neuritis, radiculoneurosis, neuralgia, radicular syndrome, radiculitis, functional diseases of the nervous system; chronic inflammatory gynecological diseases, broncho-pulmonary chronic diseases: bronchitis, pharyngitis.

**Minimum treatment course – 14 days**

Services
Conference hall for 150 visitors, cafe, bar, lecture hall, library.

**Sport and Entertainment**
Work-out room, sports grounds.

**Medical services**
Rehabilitation department “Maternity and Child Care”. There are the following laboratories: immunological, enzymatic, biochemical, general clinical, bacteriological; rooms of: functional diagnosis (electrocardiography, rheovasography, rheogeopathographia), endoscopy (fibrogastrroduodenoskopiya, sigmoidoscopy, pH-metry, duodenal sounding), x-ray, ultrasonic, radioisotope renography rooms; baths: mineral with phyto-additives, carbonic acid, whirling, pearl; showers: Charcot, circular, ascending, hydro-laser; water massage in the bath and swimming pool, enteroclysis with mineral water, microclysters; pelloidotherapy and thermotherapy; physical therapy, inhalations, therapeutic massage, exercise therapy.