Health Resort / Sanatorium `Pirimoriye`

Crimea (Western Crimea, Yevpatoria)

Sanatorium Primorije is located in the centre of Crimea resort Yevpatoria, on the seashore; distance from the sanatorium to healing salt lake Moinaki is 500 meters. Sanatorium Primorije is excellent for family rest and recreation. Special care is paid to children and families; sanatorium offers playgrounds, well-appointed park territory, dietary meals for children and adults.

Accommodation
6-storey dormitory complex of 460 beds is located within 100 meters from the sea. Half of the rooms have a view of the sea.
Single room (1-roomed)
Room amenities: a set of furniture, TV set, refrigerator, a bathroom unit, loggia with a view of the sea or the park.
Double room (1-roomed, 12 sq.m)
Room amenities: a set of furniture, TV set, refrigerator, a bathroom unit, loggia with a view of the sea or the park.
Double Suite (2-roomed)
Room amenities: a set of furniture, TV set, refrigerator, a bathroom unit, loggia with a view of the sea or the park.

Catering
Full board. 4 meals a day is served in the cafeteria. Special dietary meals is offered for children and adults.

Water supply
24-hour cold water is available; hot water is available according to the timetable.

Beach
Sandy well-appointed beach is excellent for family rest and children; the beach belongs to the sanatorium Primorije.

Treatment
Sanatorium offers treatment of:
1. Cardiovascular diseases:
   - rheumatism (inactive phase - 8-10 months after exacerbation)
   - angioneurosis, hypertension, stage P-A, essence hypotension
   - vascular diseases of the extremities (not earlier than 3-4 months after exacerbation)
2. Locomotive diseases:
   - The consequences of infectious nonspecific arthritis, rheumatoid arthritis, low and medium level activity, ankylosing spondylitis (Bechterew's disease) and other spondyloarthritides
   - Diseases of bones, muscles, joints, ligaments, tendons and the post effects of trauma
   - osteochondrosis and spinal instability, osteochondropathy;
   - scoliosis 1-2 degree, posture defects
3. Peripheral nervous diseases:
   - neuritis, neuralgia, plexus diseases, neurodystrophic radicular syndrome
   - discogenic lumbosacral radiculitis (movement ability is required)
4. Respiratory diseases:
   - chronic nasal and sinus, chronic tonsillitis without exacerbation
   - chronic recurrent bronchitis in the stage of remission (without asthmatic problems)
   - chronic pneumonia (not earlier than 3 months after exacerbation) without bronchiectasis and respiratory failures
   - Bronchial asthma hormone-independent; mild to moderate stage in the period of remission
5. Skin diseases:
- neurodermatitis, psoriasis, scleroderma with joint’s syndrome, allergic dermatitis, eczema, scars, skin and joint contractures

6. Urinary diseases:
- female gynecologic diseases
- female and male infertility
- prostatitis, urethritis

7. Endocrine diseases:
- obesity
- hypo-and hyperthyroidism

8. Detoxication, recreation after the influences of radionuclide contamination.
The main treatment methods are: climatotherapy, balneologic and mud treatment, physiotherapy, exercise therapy, massage, dietary treatment.

Sanatorium has 7 special medical departments:
- nervous department (treatment of nervous diseases including infantile cerebral paralysis);
- endocrine department (treatment of endocrine diseases and diabetes mellitus);
- department for treatment of non-specific respiratory diseases;
- department for treatment of rheumatic diseases;
- department for treatment of locomotive diseases (injures, dysfunctions);
- cerebrovascular pathology department;
- treatment and recreation for pregnant women.

Sanatorium offers modern treatment and diagnosis equipment: ultrasonic, X-ray, osseous tissue density tests, computer diagnosis of heart and vessels, respiratory and nervous system, human organs, clinical and biochemical tests.

Along with the natural factors of the resort, various types of treatment is provided:
- therapeutic baths: chloride, sodium, sage, pearl, bishofit, algae, iodine-bromine, coniferous, etc;
- colon hydrotherapy;
- mineral swimming pool;
- mud treatment including electric mud;
- remedial treatment including massage and gymnastics, apparatus massage: vacuuming massage, bio resonance vibro-stimulation, mechanic relaxation;
- laser therapy;
- aromatherapy;
- herbal inhalation, syngletno - oxygen therapy;
- apparatus therapy;
- dental treatment, ENT treatment, gynecologist, psychotherapist, orthopaedist, traumatologist.

Sanatorium has: children’s swimming pools, swimming pools for adults, baths department, hydro massage, hydropathy shower.

Physiotherapy rooms (including magneto-and laser therapy),
Electric mud treatment room, mineral wax (ozokerit) therapy room, massage room, physical therapy gym, mechanic therapy and weight room, natatorium, syngletic-oxygen room, aromatherpay room, air-ion therapy, gynecology room, functional diagnosis, biochemical and clinical laboratory, teenager psycho-correction room.

Paid services: ultrasonic diagnosis, colon-hydrotherapy, bio-resonance therapy.