Health Resort / Sanatorium ‘Miskhor’

Crimea (Southern Coast of Crimea, Miskhor)

Situated in 15 km from Yalta, Crimean Sanatorium Miskhor offers accommodation in a beautiful subtropical park near the sea. Mishkorsky park, a featured monument of landscape arts, is dated back to late XVII century. A famous palm alley in the centre of the park was founded by Prince Naryshkin. In the vicinity of the sanatorium there are popular attractions of Crimea. You can visit Swallow’s nest castle, White Palace of Nicolas II in Livadia, Vorontsovsky palace in Alupka, take a ride in a cableway cabin to the top of Ai-Petri mountain.

Accommodation
Buildings No. 1, 2 (in 150 m from the sea) 10-storey buildings with lift:
Double / Twin Comfortable Rooms (1-roomed; recently refurbished).
All the rooms have: two single beds, folding arm-chair, bathroom (shower, washbasin) and lavatory en suite, refrigerator, TV set, balcony.

Catering
Four meals a day are served in the cafeteria (menu a la carte, full board, breakfast-type snacks). Waitress service. For the residents of superior-comfort rooms meals are served in the restaurant.

Water supply
Cold water is available round the clock, hot - on the schedule.

Beach
Private, pebbly, equipped with sunshades, daybeds, chaises longues; boats, catamarans and beach equipment are for hire.

Treatment
Recreation centre offers treatment schemes of respiratory tract, circulatory and nervous systems diseases.

Services
Restaurants, bars, hairdresser, kiosks, post office, long-distance phone calls, money exchange, airline and railway booking, paid parking lot, excursion bureau, children’s playground complex.

Sport and Entertainment
Indoor heated seawater swimming pool (in the time of its operation), sauna, tennis court, fitness centre equipped with training machines, sports grounds, table tennis, billiards, discotheque, the dance club and auditorium halls, library, children’s playground complex, library.

Medical services
The price includes the following medical services (according to the prescription of the doctor): initial and concluding medical examination, exercise therapy, inhalation nebulizer therapy, drinking of mineral water.

*** Medical services are provided at extra cost for those visitors who came without sanatorium-resort record and doctor’s indications.

Medical services available at extra cost:
Balneotherapy, classic therapeutic massage, inhalation therapy, fibrebronchoscopy, therapeutic gymnastics, speleotherapy, laser, paraffin treatment, ozokeritherapy, electric-mud treatment, oxygen-syngleton therapy (rehabilitation section), acupuncture, relaxation therapy, functional diagnostics (spirometry, central haemodynamics, rheovazographie, rheoencephalography, electrocardiography (with load tests), laboratory diagnostics (according to the physician
prescription), a common blood test (formula, coagulation, platelets, rhethiculosits), the overall analysis of urine (acetone, protein, gall pigments, sugar, urobilin), biochemical analysis of blood; immunological tests, dental prosthetics, dental treatment, beauty salon, X-rays tests, underwater massage, herbal bar.

Additional information
Sanatorium Miskhor is situated in 15 kilometers from Yalta on the territory of the age-old Miskhorsky Park. Miskhor settlement is a famous resort and the warmest spot of the Crimea peninsula (annual temperature is 14 C degrees). Miskhor is featured for subtropical climate, beautiful nature, numerous historical and cultural attractions including landscape, architecture monuments, castles of Russian aristocracy and royal family. A cable road to Ai-Petri Mountain, one of the most dramatic peaks of the Crimea, is located near by. Ai-Petri cable road, Vorontsov Palace and Park in Alupka, White palace of Livadia and a well-known Castle Swallow's Nest are the most visited attractions of the Crimea which are within easy reach from the sanatorium.

Sanatorium Miskhor consists of the following buildings. Ten-storey buildings No 1, 2 are situated in the park, in 150 meters from the sea; four storey building No 3 is set in 300 meters from the sea. Sanatorium Miskhor is one of the largest in Crimea: it occupies the territory of 18.8 hectares and offers simultaneous accommodation and treatment for 2000 people. Entertainment infrastructure is well-developed here; there is a cinema with a concert hall, an open-air cinema, a club with a video hall, a library, billiards, a gym with weight training machines and sport grounds; you are welcome to relax in sauna and a swimming pool. Playrooms and computer rooms are equipped for children. In the sanatorium you can take a special or a general treatment course.

The name "Miskhor" means "village in the middle". Like its name suggests, Miskhor is situated just in the middle between Crimean settlements Koreiz and Gaspra. The resort is pretty old; it has been visited from the beginning of the XVIII century. Natural beauty of these lands has attracted many outstanding figures. Royal families and aristocracy including Prince Golytsin, the Naryshkins, the Meschersky lived in Miskhor. Russian writers Leo Tolstoy, Maxim Gorkyi, Vladimir Korolenko, and an outstanding Russian opera singer Ivan Shalyapin had a rest there. Holiday Hotels and Health Resorts of Miskhor have been very popular since those times. Sanatorium Miskhor is set in the very centre of a "Paradise Nook", the nickname was given for its unique climate. Hot but not scorching Crimean summer gradually turns into warm autumn. Fresh marine sea air saturated with the scent of the cypresses, pines and junipers heated in the sun put a spell on the vacationers from big cities.

Stroll the magnificent subtropical park of the sanatorium to get more impressions. Miskhorsky Park stands out from the number of other Crimean parks. Since XVIII century this aged-old park has been a recognized masterpiece of landscape art and architecture. In the centre of the park there is a featured palm lane founded by Prince Naryshkin himself. Sanatorium Miskhor is famous for its excellent climate, musical color fountain, splendid park, and vicinity of the most popular Crimean attractions. Sanatorium Miskhor is a palace where you combine health improvement with a healthy rest. Take a chance to spend your summer holidays in one of the best Crimean Resorts.