Health Resort / Sanatorium `Crystal'

Western Ukraine (Lvov Region, Truskavets)

Located on uphill of the town of Truskavets, the health resort / sanatorium “Crystal” is only in 200 meters from a mineral waters pump room and the municipal park. The building of the health resort has views of stunning Carpathian landscapes and a picturesque panorama of Truskavets. Sanatorium “Crystal” was run in 1974 and it is designed for 1000 guests.

SPA resort Truskavets is well known for variety of mineral healing waters (there are more than 25 mineral springs) which are used for internal and external treatment courses. Principal treatment factors are natural mineral waters “Naftusia”, “Maria”, “Sofia”, “Bronislava”, Yuzia and mineral waxes.

Accommodation
The building of the health resort (eleven-storey, elevator) is adjoined to the canteen and to the SPA No 2 by indoor passage that gives an easy access to a wide range of services in any time of the year.

**Single and Double standard rooms (one-roomed, 14 sq. m.)**
Room amenities: bathroom unit (shower, washbasin, lavatory), TV set, refrigerator, a balcony, furniture: wardrobe, bedside cabinet, chair, coffee table; renovated. Room capacity: 2 main beds and 1 extra bed (folding bed).

**Single and Double comfortable rooms (one-roomed, 14 sq. m.)**
Room amenities: bathroom unit with new sanitary equipment (shower, washbasin, lavatory), TV set, refrigerator, a balcony, new furniture: wardrobe, bedside cabinet, chair, coffee table; renovated. Room capacity: 2 main beds and 1 extra bed (folding bed).

**Double standard suites (two-roomed, 30 sq. m.)**
Room amenities: bedroom, lounge (sofa), bathroom unit (shower, washbasin), lavatory room, TV set, refrigerator, a balcony, furniture: wardrobe, bedside cabinet, chair, coffee table; renovated. Room capacity: 2 main beds and 2 extra beds.

**Double comfortable suites (two-roomed, 30 sq. m.)**
Room amenities: bedroom, lounge (sofa), bathroom unit (shower, washbasin) and lavatory room (new sanitary equipment), TV set, refrigerator, electric kettle, a balcony, recently thoroughly refurnished. Room capacity: 2 main beds and 2 extra beds.

Catering
Three meals a day in a canteen, dietary menu included. The following menu is offered according to the category of the room: economy rooms & standard rooms - standard menu, comfortable rooms - smorgasbord.

Water supply
Cold and hot water is available according to the schedule: (every day 6:00 – 10:00; 13:00-14:00; 18:00-22:00).

Treatment
Kidney and urinary tract diseases (chronic pyelonephritis and cystitis, urolithiasis, congenital anomalies of the kidneys without renal and the urine outflow failure, chronic prostatitis), metabolic failures (diabetes, obesity, urinary diathesis), digestive tract diseases (esophagitis, chronic gastritis, functional disorders of the gallbladder and bile ducts, cholelithiasis, chronic hepatitis, pancreatitis, chronic enterocolitis, colitis, functional disorders of the stomach and intestinal, disbacteriosis, intestinal complications after operations of the digestive organs).

Minimum treatment course – 14 days

Services
Conference hall, bar, discotheque, library, hairdressing saloon, TV and refrigerator hire shop, international telephone, computer game club, lecture-hall.

Sport and Entertainment
Sport inventory hire shop, gym with weight training machines, tennis court, volleyball and badminton grounds.

Medical services
There are the following laboratories: immunological, enzymatic, biochemical, general clinical, bacteriological; rooms of: functional diagnosis (electrocardiography, rheovasography, rheogeopathographia), endoscopy (fibrogastrroduodenoskopiya, sigmoidoscopy, pH-metry, duodenal sounding), x-ray, ultrasonic, radioisotope rhenography rooms; baths: mineral with phyto-additives, carbonic acid, whirling, pearl; showers: Charcot, circular, ascending, hydro-laser; water massage in the bath and swimming pool, enteroclysis with mineral water, microclysers; pellloidotherapy and thermotherapy; physical therapy, inhalations, therapeutic massage, exercise therapy.