Chalet Grail
Health Resort / Sanatorium

Resort Complex Chalet Grail is an up-to-date treatment and recreational establishment of Western Ukraine. Set out of other health resorts with its design and wide selection of services, Chalet Grail offers quality rest in one of its 63 nicely designed premium apartments. Panoramic windows with picturesque view of the Carpathians are peculiar feature of the Complex. Top quality service of the Complex is attractive for those who prefer healthy life and value the best things in life.

Chalet Grail has everything has everything you have been dreaming about for your perfect rest in Truskavets. Well-appointed health paths, children's ground, high personal security, car park, quality and variable services including laundry services, car hire of any class, air and rail ticket booking, travel services in Western Ukraine are available in the hotel. We offer personal approach, quality and swift services.

Accommodation

Chalet Grail offers 41 comfortable accommodation in apartments of different rating - Studio, Comfort, Panoramic, Junior, Family, Queen, Royal. Room Square (36,65m² - 145,53 m²) and number of rooms specify the rating of the apartments.

- **Standard Double Apartment (1-roomed, 18 sq.m.)**
  Room amenities: a bedroom with a double bed, individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet). Room capacity: 2 main beds.

- **Standard Twin Apartment (1-roomed)**
  Room amenities: a bedroom with a two beds, individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet). Room capacity: 2 main beds.

- **Double Studio Apartment (1-roomed. 40 sq.m.)**
  Room amenities: a bedroom with a double bed, a kitchen - dinning room (electric kettle, stove hood, dishwashing machine, refrigerator, microwave oven, dinner set) individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet). Room capacity: 2 main beds and 1 extra bed.

- **Double Comfortable Apartment (2-roomed, 40 sq.m.)**
  Room amenities: a bedroom with a double bed, a kitchen - dinning
Studio apartments

- **Double Panoramic Apartment (1-roomed, 40 sq.m.)**
  Room amenities: a bedroom with a double bed, a kitchen - dinning room (electric kettle, stove hood, dishwashing machine, refrigerator, microwave oven, dinner set) individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet), a balcony. Room capacity: 2 main beds and 1 extra bed.

- **Triple Junior Suite Apartment (2-roomed, 60 sq.m.)**
  Room amenities: a bedroom with a double bed or two single beds, a lounge, a kitchen - dinning room (electric kettle, stove hood, dishwashing machine, refrigerator, microwave oven, dinner set) individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet), a balcony. Room capacity: 3 main beds and 1 extra bed.

- **2-level Quad Queen Suite Apartment (2-roomed, 70 sq.m.)**
  Room amenities: two bedrooms, a lounge, a kitchen - dinning room (electric kettle, stove hood, dishwashing machine, refrigerator, microwave oven, dinner set) individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet), a balcony. Room capacity: 4 main beds and 2 extra beds.

- **2-level Quad Royal Suite Apartment (2-roomed, 130 sq.m.)**
  Room amenities: a bedroom, a lounge, a kitchen - dinning room (electric kettle, stove hood, dishwashing machine, refrigerator, microwave oven, dinner set) individual HVAC system, cordless telephone, safe, minibar, cable TV and Internet, a bathroom unit (shower cubicle, washbasin, toilet), a terrace or a balcony. Room capacity: 4 main beds and 2 extra beds.

**Catering**

Breakfast or Full Board catering is provided depending on the package of accommodation (all inclusive or BB).

**Water supply**

Cold and hot water is available 24-hour.

**Treatment**

Complex Chalet Grail offers a perfect rest in comfortable accommodation and a wide spectrum of quality medical rehabilitation programs. Qualified personnel of Medical Spa Center Abel, using modern equipment, offers health resort programs which include diagnosis, treatment and rehabilitation from many diseases. Doctors- the authors of modern rehabilitation techniques working in Medical Spa
Center Abel offer you quality treatment and rehabilitation.

Advanced treatment technologies, a team of professional doctors, attentive and friendly staff, comfortable atmosphere, unique mineral water and amazing nature will achieve excellent results while receiving a great pleasure!

**Medical Treatment:**
* Endocrine ecological rehabilitation for adults and children;
* General therapeutic treatment for adults and children;
* Spa treatment for adults;
* Mineral wax therapy (mud treatment).

**Specialization of the Center:**
Endoecological rehabilitation treatment course - toxins cleansing method at cellular level, a unique integrated methodology (copyright of Health Department of Ukraine).

Indications for rehabilitation treatment:
diseases of civilization:
Stress, physical and emotional exhaustion, premature aging,
Chronic fatigue, excess weight;
Gastro-intestinal tract diseases (hepatitis, cholecystitis, peptic ulcer, gastritis, colitis, constipation, dysbacteriosis, etc.); ENT diseases (throat, adenoids, sinusitis, allergic rinopatiya);
Lungs and bronchi diseases (bronchitis, bronchial asthma negormonozavisimaya);
Gynecological diseases (adnexitis, menopausal syndrome, infertility);
Urological diseases (prostatic adenoma, prostatitis, erectile dysfunction, urolithiasis, chronic pyelonephritis pilonefrity, cystitis, urethritis, infertility);
Endocrine system diseases (thyroid disease, diabetes mellitus type II, obesity);
Vertebral osteochondrosis, joints diseases, allergic diseases, kidney, skin, and chronic stress diseases.

**Services**
All hotel rooms are equipped with Wi-Fi Internet.

**Medical services**
**Personal medical package** is recommended on individual indication (according to indications of a doctor). It consists of nosologic units which are applied according to the disease. Package guarantee a comprehensive diagnosis: ultrasound, laboratory examinations, additional methods, consultation of special doctors (if necessary), SPA services, cosmetologist consultation, physiotherapy and treatment with use of Truskavets mineral water. Rehabilitation, water treatment, health path along Carpathians landscapes provide health curing results.
Treatment in Chalet Grail is health improving, pain-removing, immunity-raising, perfect for treatment chronic and low-intensity diseases.
The choice of medical package depends on the willingness of the client, the length of stay in our center, and also from number of diagnostic, therapeutic, rehabilitative, and preventive procedures.

**Biochemical Laboratory** Centre offers:

- Biochemical analysis of blood;
- General blood test;
- Sugar in blood;
- Urinalysis;
- genital secretion tests;
- Spermography;
- Parasitological analysis;
- Test Fed (determination of the sensitivity to foods and chemicals);
- 13C -uriasis breath test( determination of infection Helicobacter pylori);

**Physiotherapy department offers:**

- Electric sleep;
- Amplipulse;
- Vacuum therapy;
- Ampipuls with vacuum therapy;
- Diadynamic therapy;
- Electrophoresis;
- Electrophoresis with vacuum therapy;
- Electrical stimulation;
- Electrical stimulation with vacuum therapy;
- Ultrasound;
- Electric-ultrasonic therapy;
- Phonophoresis;
- Ozone therapy;
- Priomassage (drainage);
- Gas therapy;
- Speleotherapy (salt rooms);
- Inhalation.

**Hydrotherapy:**

- Hydro irrigation of gums;
- Colon hydrotherapy;
- Microclysters;
- Underwater shower-massage;
- Underwater shower-massage with perozon;
- Underwater shower massage combined with a whirlpool bath;
- Underwater shower massage with perozon in combination with hydro-massage;
- Mineral baths;
- Mineral baths with perozon;
- Mineral baths in combination with color therapy;
- Mineral wax therapy;
- A full range of therapeutic massage.