**Health Resort / Sanatorium Carpathians**

**Western Ukraine (Transcarpathian Region, Mukatchevsky Region, vill. Carpathians - 1)**

*Surrounded by an arboretum park with a nice man-made lake, health resort / sanatorium Carpathians is located in the territory of the former mansion of Count Sherborn. Carpathians is set 210 meters above sea level in the valley river of the river Latoritza and Beregvar Hole. The distance from the town of Svalyava to Carpathians is 10 km; the distance from town of Mukachevo to Carpathians is 16 km; the nearest railroad station and the highway Kiev-Chop are equally distant from the sanatorium (300 meters).*

**Accommodation**

7-storey Building No 1

*Single Room (1-roomed)*

Room amenities: a single bed, TV set, refrigerator, a wardrobe, table with chairs, a bathroom unit (shower cubicle, washbasin, toilet) a balcony.

*Single Suite (1-roomed)*

Room amenities: a double bed, TV set, refrigerator, a wardrobe, a cupboard with dinner set, table with chairs, a bathroom unit (shower cubicle, washbasin, toilet) a balcony.

*Double Suite (2-roomed)*

Room amenities: entrance hall, a lounge, a bedroom with a double bed; a double folding sofa, two armchairs, a wardrobe, a cupboard with dinner set, TV set, a refrigerator, a telephone, an electric kettle, dinner table with chairs, a dressing table with a mirror, a bathroom unit (shower cubicle, washbasin, toilet) 2 balconies.

**Twin Room (1-roomed)**

Room amenities: two single beds, bedside cabinets, a TV set, a refrigerator, a wardrobe, chairs, a table, a bathroom unit (shower cubicle, washbasin, toilet), a balcony.

**Double Suite of II rating (2-roomed)**

Room amenities: a lounge, a bedroom with a double bed; a double folding sofa, a wardrobe, a cupboard with dinner set, TV set, a refrigerator, a bathroom unit (shower cubicle, washbasin, toilet) a balcony.

**Double Suite of I rating (2-roomed)**

Room amenities: a lounge, a bedroom with a double bed; a double folding sofa, two armchairs, a wardrobe, a cupboard with dinner set, dressing table with a mirror, TV set, a refrigerator, telephone, without a balcony, a bathroom unit (shower cubicle, washbasin, toilet).

**Double Suite (2-roomed)**

Room amenities: a lounge, a bedroom with a double bed; a double folding sofa, two armchairs, coffee table, table, dressing table with a mirror, a wardrobe, a cupboard with dinner set, TV set, a refrigerator, telephone, electric kettle, iron, ironing board, a bathroom unit (shower cubicle, washbasin, toilet), a balcony.

4-storey Building No 3 (VIP - rooms)

*Single Suite (1-roomed, room square is 24 sq.m.)*

Room amenities: a double bed, two arm chairs, a wardrobe, dinner set, TV set, refrigerator, electric kettle, mini-safe, iron, ironing board, clothes dryer, bathroom unit (shower cubicle, washbasin, toilet, hairdryer, bathrobe) a balcony.

*Single Suite (2-roomed, room square is 35 sq.m.)*

Room amenities: a double bed, a wardrobe, dinner set, upholstered sofa, two arm-chairs, iron, ironing board, clothes dryer, TV set, electric kettle, refrigerator, mini-safe, bathroom unit (shower cubicle, washbasin, toilet, hairdryer, bathrobes) a balcony.

4-storey Building No 5 - adjoined to the treatment building; refurbished in 2009.

Double Comfortable room (1-roomed, total are is 18 sq.m.)

Room amenities: a double bed, a sliding-door wardrobe, coffee table, chairs, TV set, refrigerator, bathroom unit (shower cubicle, washbasin, toilet).
Double Suite (1-roomed, total area is 30 sq.m.)
Room amenities: a double bed, upholstered sofa, two arm-chairs, a sliding-door wardrobe, TV set, refrigerator, mini-safe, bathroom unit (shower cubicle, washbasin, toilet, hairdryer, bathrobes).

Catering
Three meals a day. Dietary and a la carte menu. Meals are served in the restaurant of the sanatorium (on 1-3 floors).
Guests of suites (of the buildings No 1, 2, 3) have their meals in a detached dining hall.
Nutritious meals are provided at extra cost (50 UAH per person a day).

Water supply
Cold and hot water is available 24 hour.

Treatment
cardio-vascular diseases:
Coronary heart disease, stenocardia, rheumatic heart disease, atherosclerotic cardio sclerosis, postinfarction cardiosclerosis, myocardium sclerosis and myocardium dystrophy;
metabolic disbalance;
hypertension
nervous and post-stroke conditions:
post stroke conditions with mild to moderate hemiparesis without violation of intelligence, speech, psychology; neurosis, vasoneurosis;
concomitant diseases of the digestive system;
genitourinary diseases;
locomotor diseases;
obesity;
thyroid gland abnormalities;
diabetes;

Indications for treatment in a special cardio rehabilitation department:
primary or repeat myocardial infarction in the stage of recovery, post surgery of the heart and aorta, post unstable stenocardia.

Indications for treatment in a special department of pregnancy rehabilitation:
ormal pregnancy in the period of 12 - 32 weeks; iron deficiency anemia, induced abortion.

Services
Cafe, restaurant, shop, car park, children's playground, cinema-concert hall, dance hall, a library, a mini-zoo, pool, beauty salon, post office, railway ticket office, ATM.

Sport and Entertainment
Indoor swimming pool, sauna, tennis courts, sports grounds, solarium, a fitness club with cryo-sauna, a gym with weight training machines, infra-red sauna, sauna, billiards, a wide selection of excursions in the Transcarpathian region.

Medical services
Pump-room mineral water "Polyana Kupel"; mineral-coniferous and mineral whirlpool baths, silicon mineral baths;
hydrotherapy: inhalation with mineral water, gynecological irrigations; subaqueous baths, circular shower, fan shower, Charcot's shower, colon hydrotherapy, therapeutic swimming and hydrokinezotherapy underwater shower-massage, hand and legs whirlpools; ozokeritotherapy, thermotherapy, phototherapy, electrotherapy, aerosol therapy, mechanical therapy, manual therapy, massage, psychotherapy, climate-, acupuncture, herbal medicine, aromatherapy;
Dental and prosthetodontic rooms, colon hydrotherapy room, physical exercise therapy.

The price includes following medical treatment procedures (according to the doctor's prescription):
Baths (mineral and coniferous, mineral-pearl baths, mineral-coniferous-pearl baths)
whirlpool bath for lower limbs;
whirlpool bath for upper limbs;
ascending shower;
drinking of mineral water in the pump room;
Physiotherapy and mechanic therapy in the gym;
ozekerit-paraffin baths;
galvinization;
electrophoresis of therapeutic products;
diodinamo therapy;
electric sleep therapy;
transcranial electro-analgesia;
amplipulse;
darsonvalization;
ultrahigh-frequency therapy (UHF);
low-frequency magnetic therapy;
ultraviolet radiation;
laser therapy;
bioptron therapy;
Manual therapeutic massage of the neck or other body part (1.5 standard massage area);
vibration massage;
exercise therapy with use of Evminov training device;
ultrasonic therapy;
phonophoresis remedies;
aeroionotherapy (halotherapy)
aerosol therapy (inhalation);
aromatherapy;
Phytotherapy (medical herbal decoctions);
dental care (treatment of acute dental pain, mouth preventive care and rehabilitation);
medical emergency aid to the patients in the sanatorium

**Medical procedures available at extra cost**

Swimming in a swimming pool with heated water, t 27-29 ° C (30 UAH per 30 min.)
Swimming in a small swimming pool with heated water, t 30-33 ° C (30 UAH per 30 min.)
Hydro-massage in the bath Jacuzzi (30 UAH per 10 min.)
The procedure for underwater shower massage in the bath VOD -569 (Slovakia) (18 UAH)
The procedure of colon hydrotherapy (48UAH)
Infrared radiation in the sauna "Infra Doc" (36 UAH)
Ultraviolet radiation in the solarium "Sunvision" (2.50 UAH / 5 UAH per 1 min. In horizontal and vertical solarium)
Electromechanical massage with use of massaging device "NUGA BEST" (36 UAH)
Myostimulation procedure using "NUGA BEST" (18 UAH)
Singlentno-oxygen therapy (12 UAH).
Finnish sauna (120 UAH per 1 hour)
Hydro-massage in the bath Jacuzzi (10 min) followed by an underwater spinal and joints stretching (25 minutes) (36 UAH)
Exercises in the fitness gym (24 UAH)
Cryotherapy with "Cryo-sauna" (35 UAH per 1 min.)
Full body massage (114 UAH) And other types of health-improving massage on different parts of the body is (12 UAH per unit)
Hydro-laser shower (20 UAH)
Acupuncture (18 UAH).